

CLAIMS:

1. An articulable joint for use with at least two support arms, the joint comprising:
 - (a) a front disc and a rear disc, each connected to respective support arms, the front disc rotatably connected to the rear disc around a shoulder bolt;
 - (b) a clutch washer located between the front and rear discs, the clutch washer having a front surface abutting the front disc and a rear surface located adjacent the rear disc, the rear surface of the washer having a plurality of spaced apart sockets, each socket configured for receiving a ball bearing therein; and
 - (c) pressure application means, releasably connected to the front disc and extending therethrough engaging the clutch washer for applying adjustable pressure to the clutch washer, thereby adjusting frictional resistance to rotation of the front disc relative to the rear disc.
2. An articulable joint according to claim 1, wherein the pressure application means comprises a plurality of set screws.
3. An articulable joint according to claim 1, wherein the pressure application means comprises three set screws disposed coaxially relative to the front disc.

4. An articulable joint according to claim 1, wherein the shoulder bolt is fixedly attached to the rear disc to impede rotation of the shoulder bolt relative to the rear disc.